



*BUDS "Tweeners"
Social Group (ages 8–15)
Calendar of Events
2010 & 2011*

www.bringingupdownsyndrome.org



To The Parents of All BUDS Tweeners:

Welcome back to another year of fun social events. We will be starting off with a "Bounce U" party to kick off the new school year. This event seems to be a crowd favorite for the kids and a great time for parents to catch up with each other. In addition to the Buddy Walk, there will be a "Sahara Sam's" water park party in October.

We are going to try something new this year by planning **most of the events at the same place and on the same day (2nd Saturday) to make scheduling easier for our families.** The majority of events will be held at the Cherry Hill Health & Racquet Club. The staff there will provide different activities for us each month, and we will celebrate holiday themes where possible (Valentine's and St. Patrick's Day). You'll be able to plan ahead and know that we have at least one activity each month. As an added bonus, the parents attending the party will have access to use the entire facility absolutely free of charge.

If you know of someone who would like to be added to the mailing list, please send their information to sadhound@comcast.net. Our activities provide a great opportunity for our tween-aged kids to develop friendships that can grow for many years to come. If you would like to add YOUR event to the calendar, please feel free to call me at (856)566-2487. I look forward to seeing everyone during the 2010-2011 year of activities.

Sincerely,
Nancy Scully

- September 25** **“BOUNCE into a New School Year” at Bounce U**
 (4th Saturday) Description: Truly a crowd pleaser! The kids can “bounce” off their energy on all type of inflatable gym equipment.
 Place: Bounce U, 1271 Little Gloucester Road., Blackwood, NJ 08012
 (856) 228-2834 or www.bounceu.com
 Time: 2:10-4:10 p.m.
 RSVP by 9/20: Nancy Scully at (856) 566-2487 or sadhound@comcast.net
Snacks will be provided
- October 3** **Buddy Walk, Washington Lake Park, Turnersville, NJ**
 (Sunday) www.bringingupdownsyndrome.org
 Place: Washington Lake Park, Turnersville, NJ
 Time: 9:00 a.m.
- October 16** **Pizza & Pop Bowling Party**
 (3rd Saturday) Description: Spend the afternoon bowling with your friends at the Playdrome
 Place: Playdrome, 1536 Kings Highway North, Cherry Hill, NJ 08034
 (856) 429-0672 or www.playdromebowl.com
 Time: 4:00 p.m. – 6:00 p.m.
 RSVP by 10/13: Nancy Scully (856) 566-2487 or sadhound@comcast.net
- October 30** **Halloween at “Sahara Sam’s Water Park”**
 (Last Saturday) Description: Spend the afternoon at Sahara Sam’s indoor water park. Siblings and parents are welcome too. BUDS will pay for the kids and parents if you want to get wet with the kids.
 Place: Sahara Sam’s, 535 N. Route 73, West Berlin, NJ 08009
 (856) 767-7580 or www.sahasasams.com
 Time: 3:00 p.m. – 7:00 p.m.
 RSVP by 10/24: Michael Galloway m.galloway@comcast.net
- November 13** **“Sports Party” at Cherry Hill Health & Racquet Club, Cherry Hill, NJ**
 (2nd Saturday) Description: Everyone enjoyed the spring sports party held last May. A variety of sports activities will be provided. Show your team spirit by wearing your favorite team jersey!
 Place: Cherry Hill Health & Racquet Club, 1820 Old Cuthbert Rd., Cherry Hill, NJ 08034 www.chhrc.com
 Time: 3:00-4:30pm
 RSVP by : Nancy Scully (856) 566-2487 or sadhound@comcast.net
 What to Bring: Must wear sneakers and your favorite sports jersey
 Snacks will be provided.
- November 14** **4th Annual Disability Awareness Conference at Princeton University**
 (Sunday) Description: This is an exhibition of the services and programs offered for families of children and young adults with Down syndrome. This year’s panel sessions will cover: (1) social inclusion and bullying; (2) financial planning; (3) diet, nutrition, and exercise; and (4) speech therapy. During the conference, all individuals with Down syndrome under age 21 (and interested siblings) will attend a carnival with a Princeton University student volunteer.
 Place: Princeton University, Princeton, NJ
 Time: 12:00 p.m. to 8:00 p.m.
 RSVP: Registration at www.princeton.edu/~pda/register.shtml

March 26
(Saturday) **“Cats” Theater Production by Eastern High School, Voorhees, NJ**
Description: The theater production of the infamous musical “Cats” is being put on by Eastern Regional High School. Audrey Williams (sister of Laura & Rachel Williams) is in the play so we thought we would buy a block of tickets to enjoy this show.
Place: Eastern Regional High School, 1401 Laurel Oak Rd, Voorhees, NJ
www.eastern.k12.nj.us
Time: 7:30 p.m. (The play starts at 7:30 so meet in the lobby at 7:00).
RSVP by 1/28: Maria Williams (856) 768-3441 or williamsmcw@verizon.net
What to Bring: **You must be accompanied by an adult family member or friend who will stay at the play with you.** BUDS will pay for 4 tickets per family. **Contact Maria Williams no later than January 28th** with the number of tickets that your family needs so they can be pre-ordered and we can all sit together.

April 9
(2nd Saturday) **8th Annual Trisomy 21 Symposium at Children’s Hospital of Philadelphia**
Description: This one-day symposium will provide up to date clinical information and therapeutic approaches on selected topics applicable to individuals with Trisomy 21. For more information and registration go to www.chop.edu/cme

April 9
(2nd Saturday) **“The ULTIMATE” Party at Cherry Hill Racquet Club, Cherry Hill, NJ**
Description: A huge variety of activities will be provided including obstacle courses, relay races, and the moon bounce.
Place: Cherry Hill Health & Racquet Club, 1820 Old Cuthbert Rd., Cherry Hill, NJ 08034 www.chhrc.com
Time: 2:30-4:00 p.m.
RSVP by 4/1: Nancy Scully at (856) 566-2487 or sadhound@comcast.net
What to Bring: Snacks will be provided.

May 14
(2nd Saturday) **BOUNCE into Summer at Bounce U!**
Description: Truly a crowd pleaser! The kids can “bounce” off their energy on all type of inflatable gym equipment.
Place: Bounce U, 1271 Little Gloucester Road., Blackwood, NJ 08012
(856) 228-2834 or www.bounceu.com
Time: TO BE DETERMINED
RSVP by 5/10: Nancy Scully at (856)566-2487 or sadhound@comcast.net
What to Bring: Snacks will be provided

(Enjoy the summer months of June, July, August and we will begin a new calendar of events in September 2011)