2015 & 2016 Social Events Calendar

To ALL BUDS Families:

Welcome back to another year of fun social events. Similar to prior years, most of our regular monthly events will continue to be on the same day (2nd Saturday of each month). Families will be able to plan ahead and know that they have at least one activity each month. We would also like to host a few “Mom’s Night Out” and “Dad’s Night Out” events. If any of you have any ideas for these parent only nights or would like to host, feel free to let us know.

Following are the social group age guidelines and volunteer coordinators. The age groups are guidelines only, and we combine age groups for some events.

BUDS Kids (ages 7 and under) Ashli Helfrich & Candy Ogline
BUDS Tweeners (ages 8 to 12) Kim Brooks
BUDS Teens (ages 13 to 16) Nancy Scully
BUDS Young Adults (ages 17 to 20) Toni Slowinski & Anitra DiOrio
BUDS Adults (over 21) Jan Brodzinski & Nancy Hennefer

Similar to prior years, we continue to partner with both the Cherry Hill Health & Racquet Club (CHHRC) and Velocity Sports Performance. The “Teens & Young Adults” will generally have at least one combined event at CHHRC each month on the same day (2nd Saturday) around the same time (6 to 8 or 7 to 9). The staff there will provide different activities for us each month, and we will celebrate holiday themes where possible. As an added bonus, the parents attending will have access to use the entire facility absolutely free of charge.

In addition, we will continue the Saturday physical fitness classes for the athletes on our BUDS Special Olympics teams at Velocity Sports Performance from 10:00 to 11:00 at 2005 Route 70 East, Cherry Hill. Please e:mail Nancy Hennefer at nhennefer@comcast.net if you plan to enroll in the Fall classes which start on September 12th.

If you have any questions, ideas for future events, or need any special accommodations at our events (e.g. food allergies) feel free to contact the coordinator for your age group.

Sincerely,
Nancy Hennefer
Social Programs Chairperson
SEPTEMBER

FAMILY

September 13  Down Syndrome Awareness Day at the Zoo, Philadelphia, PA
(Sunday) The T21 Club of Delaware Valley is organizing a “Down Syndrome Awareness Day at the Zoo” and BUDS is a sponsor. Tickets will be a discounted $15 person (children under two free). If you register in advance, you will receive a T-shirt and be eligible for face painting. BUDS will reimburse you for up to 4 tickets per family. Mail your receipt to Nancy Hennefer at 1115 Yardley Rd., Cherry Hill, NJ 08034 and a reimbursement check will be mailed to you.
Place: Philadelphia Zoo, Girard Ave., Phila, PA
Time: 9:30 a.m. to 5:00 p.m.
Questions: Jen Bonawitz at t21club@comcast.net or (215) 990-8730
RSVP: Registration information is at www.t21clubofthedelawarevalley.org

BUDS TEENS & YOUNG ADULTS

September 19  Welcome Back Teens & Young Adults at “Canvas Mixers of Kings Grant”
(Saturday) Welcome back from the summer, and come join us for a painting party where you will be able to paint your own masterpiece on canvas! The class is limited to the first 20 people to RSVP.
Place: Canvas Mixers of Kings Grant, 123 Merchant Way, Evesham, NJ 08053
Time: 6:00 p.m. to 9:00 p.m. (Class begins promptly)
RSVP: Nancy Scully (609) 634-2019 or sadhound@comcast.net
What to Bring: Wear comfortable clothing.

BUDS ADULTS OVER 21 ONLY

September 23  Welcome New 21 Year-Olds at Benihana, Pennsauken, NJ
(Wednesday) Join your host Peter Brodzinski, let’s get reacquainted and celebrate a toast for any new 21 year-olds, enjoy dining with your BUDS over 21 friends and ordering your own meal.
Place: Benihana, 5255 Marlton Pike, Pennsauken, NJ 08109 www.benihana.com/Cherry-Hill
Time: 6:30 p.m. – 8:30 p.m.
RSVP: Jan Brodzinski (856) 232-5312 janbrod6@aol.com

BUDS KIDS & TWEENERS

September 28  Welcome Back Kids & Tweeners at My Gym, Cherry Hill, NJ 08034
(Monday) Welcome back to all of our BUDS Kids & Tweeners! Come on out after school to My Gym for a fun party and pizza dinner with all of your BUDS friends. Let’s celebrate the new school year with a fun party and reconnect with your BUDS friends. Siblings are also welcome to attend.
Place: My Gym, 170 Barclay Farms Shopping Center, Route 70, Cherry Hill, NJ 08034
Time: 4:15 p.m.
RSVP: Ashli Helfrich at ashlifrancis@gmail.com

OCTOBER

FAMILY

October 4  BUDS 20th Annual Buddy Walk, Washington Lake Park, Turnersville, NJ
(Sunday) Be sure to come out for our 18th annual Buddy Walk. This is a great time for the entire family and a wonderful way to meet other families. To ensure that you receive a T-shirt, please register early!
Place: Washington Lake Park, Turnersville, NJ
Time: 10:00 a.m. registration with walk at 11:00 a.m.
Registration: Registration information is at www.bringingupdownsyndrome.org
FAMILY

October 11

21 Down 17th Annual Buddy Walk, Ocean City Boardwalk, Ocean City, NJ

(Sunday)

Since many BUDS families enjoy the shore, let’s team up and support our friends at 21 Down for their 17th Annual Buddy Walk. There is no registration fee for your family member who has Down syndrome, and they will receive a wristband at no charge for unlimited rides at Playland from 3:00 to 5:00. This is the last day that Playland is open for the season. Registration for family members is $15 (without a wristband) and $25 (with a Playland wristband).

Place:
Meet at the 6th Street Civic Center building in Ocean City, NJ (near Wonderland rides) and then the Buddy Walk is from 6th Street to Playland (10th Street) for two hours of rides.

Time:
1:00 p.m. registration with walk at 2:45 p.m. and unlimited rides at Playland 3:00 p.m. – 5:00 p.m.

Registration:
Registration information is at www.21down.org

RSVP:
If you plan on going, please register at www.21down.org but also let Nancy Hennefer nhennefer@comcast.net know that you are going so we can meet as a team and families can enjoy the walk and rides together.

BUDS KIDS & TWEENERS

October 17

Pumpkin Picking & Hayride at Indian Acres Farm, Medford, NJ

(Saturday)

BUDS has been hosting a pumpkin picking event for over 20 years. Come on out for this group favorite, enjoy the bouncy house, playground, and the hayride out to the pumpkin patch to pick that special pumpkin, and then snacks in the party area. BUDS will pay for your child with Down syndrome and both parents. You may purchase additional tickets for other immediate family members as long as you RSVP to let us know they are attending.

Place:
Indian Acres, 111 Tuckerton Road, Medford, NJ 08055

Time:
10:00 a.m. – 12:30 p.m.

RSVP:
Candy Ogline at Victorian_angel2@yahoo.com

What to Bring:
Snacks will be provided. If you’d like to bring a healthy treat, please RSVP to Candy.

BUDS ADULTS OVER 21

October 17

Hayride & Campfire Cookout at Springdale Farm, Cherry Hill, NJ

(Saturday)

Join your hostess Michelle Raubertas for a fun hayride to the Springdale Farm campfire site where we will roast hot dogs, s’mores, and have fun preparing our own meal. The “Young Adult” group (ages 16 to 20) are also welcome to attend with parent chaperone.

Place:
Springdale Farm, 1638 Springdale Rd., Cherry Hill, NJ 08034 www.springdalefarms.com

Time:
5:30 p.m. – 8:00 p.m. (don’t be late or the tractor will leave without you at 5:45 to our camp site).

RSVP:
Cecilia Raubertas (856) 577-1360 or craubertas@gmail.com

What to Bring:
Wear sneakers, jean or sweats, and bring a jacket.

BUDS TEENS & ADULTS

October 30

Halloween Costume Dance Party at Cherry Hill Racquet Club

(Friday)

The teens, young adults and over 21 will all join together for our first dance of the year, and it’s a Halloween costume party. Our DJ will play all of the popular line dances that we all enjoy.

Place:
Cherry Hill Health & Racquet Club, 1820 Old Cuthbert Blvd., Cherry Hill, NJ 08034

Time:
7:00 p.m. – 9:30 p.m.

RSVP:
Toni Slowinski at (856) 427-4088 or tonislowinski@yahoo.com

What to Bring:
Feel free to wear a costume or just dress casual if you don’t want to wear one. Please eat dinner before you come. There will be light refreshments (cheese & crackers, vegetables & dip, fruit, snacks).

BUDS KIDS

November 7

My Little Adventures Learn & Play, Mount Laurel, NJ

(Saturday)

Come join us at “My Little Adventures” for a fun afternoon of indoor play and learning. BUDS

Place:
My Little Adventures, 3163 Marne Highway, Mount Laurel, NJ 08054

Time:
2:00 p.m. – 4:00 p.m.

RSVP:
Candy Ogline at Victorian_angel2@yahoo.com

NOVEMBER
**BUDS TWEENERS (2nd Saturday)**

**November 14**  
**Karate Class at Cherry Hill Health & Racquet Club, Cherry Hill, NJ**  
(2nd Saturday)  
Come join us for a karate class. Taught by CHHRC’s Karate professionals, we will learn some fun karate moves and get a great work out while we are at it.

**Place:**  
Cherry Hill Health & Racquet Club, 1820 Old Cuthbert Rd., Cherry Hill, NJ 08034

**Time:**  
TBD

**RSVP:**  
Kim Brooks (856) 304-3071 or kimzoefinn@gmail.com

**What to Bring:**  
Must wear sneakers and exercise clothing, and bring a water bottle.

**BUDS TEENS & ADULTS (2nd Saturday)**

**November 14**  
**Zumba Exercise Class at Cherry Hill Health & Racquet Club, Cherry Hill, NJ**  
(2nd Saturday)  
Come join us for a fun-filled zumba exercise party. Taught by CHHRC’s fitness professionals, we will learn some fun Latin dance moves and get a great Zumba work out while we are at it.

**Place:**  
Cherry Hill Health & Racquet Club, 1820 Old Cuthbert Rd., Cherry Hill, NJ 08034

**Time:**  
5:45 p.m. to 7:30 p.m. (Class begins promptly at 6:00 so be there by 5:45)

**RSVP:**  
Nancy Scully (609) 634-2019 or sadhound@comcast.net

**What to Bring:**  
Must wear sneakers and exercise clothing, and bring a water bottle. Pizza will be provided after the class.

**BUDS ADULTS OVER 21 ONLY**

**November 10**  
**3rd Annual Down Syndrome Awareness Night at the Philadelphia Flyers with Dad**  
(Tuesday)  
Join your host Brad Hennefer for our 3rd Annual Down Syndrome Awareness Night at the Philadelphia Flyers, sponsored by the “T21 Club of the Delaware Valley.” We are one of several Delaware Valley groups participating in this annual event. Our BUDS Dads are chaperoning.

**Place:**  
Wells Fargo Center, Philadelphia, PA

**Time:**  
TBD

**RSVP:**  
Nancy Hennefer at (856) 354-0584 or phennefer@comcast.net

**FAMILY**

**November 22**  
**8th Annual Down Syndrome Conference at Princeton University**  
(Sunday)  
This is an exhibition of the services and programs offered for families of children and young adults with Down syndrome. During the conference, all individuals with Down syndrome under age 21 will attend a carnival with a Princeton University student volunteer. BUDS will reimburse the registration fee for both parents and family members who have Down syndrome. Mail your receipt to Nancy Hennefer at 1115 Yardley Rd., Cherry Hill, NJ 08034 and a reimbursement check will be mailed to you.

**Time:**  
1:00 p.m. – 4:00 p.m.

**Place:**  
Princeton University, Princeton, NJ

**RSVP:**  
Register online at [http://www.princeton.edu/~pda/](http://www.princeton.edu/~pda/)

**BUDS TEENS & ADULTS**

**November 28**  
**Dickens Village and Light Show, Philadelphia, PA**  
(Saturday)  
Join us for some transportation training on the “PATCO” high speed line to Philadelphia. We will then be visiting the Dickens village and light show at Macy’s.

**Place:**  
Meet at the PATCO Woodcrest Station, 200 Tindale Drive, Woodcrest, NJ 08003

**Time:**  
TBD

**RSVP:**  
Toni Slowinski at (856) 427-4088 or tonislowinski@yahoo.com

**What to Bring:**  
Parent chaperones are required, and be sure to dress warmly since we will be doing some walking outside in Center City.
DECEMBER

**BUDS KIDS**

December 5  Holiday Breakfast with Santa at “The Pop Shop” Collingswood, NJ (5 & Under)
(Saturday) Back by popular demand is our annual breakfast with Santa. We have been hosting an event with Santa for over 20 years, and it is a favorite, so be sure to RSVP early.
Place: The Pop Shop, 729 Haddon Ave., Collingswood, NJ www.thepopshopusa.com
Time: 9:00 a.m. – 12:00 p.m. (Please be there by 9:00 to be seated and in time for Santa)
RSVP by 11/30: Please limit your RSVP to your immediate family so there is space for all of our children with Down syndrome to attend. RSVP to Candy Ogline at Victorian_angel2@yahoo.com
Menu: Breakfast will include french toast, scrambled eggs, hash browns and sundaes.

**BUDS TWEENERS, TEENS & ADULTS (2nd Saturday)**

December 12  Holiday Dance Party at Cherry Hill Health & Racquet Club, Cherry Hill, NJ
(2nd Saturday) Let’s celebrate the upcoming holidays with what many of us like to do best—dance, dance, and more dance! We will have a DJ and dance the night away.
Place: Cherry Hill Health & Racquet Club, 1820 Old Cuthbert Rd., Cherry Hill, NJ 08034
Time: 7:00 p.m. to 9:00 p.m.
RSVP: Cecilia Raubertas (856) 577-1360 or craubertas@gmail.com
What to Bring: Casual dresses for the ladies and dress slacks for the guys. Please eat dinner before you come. There will be light refreshments (cheese & crackers, vegetables & dip, fruit, snacks).

**BUDS TEENS & ADULTS**

December 31  4th Annual New Year’s Eve Bowling Party at Playdrome, Cherry Hill, NJ
(Wednesday) Join your host Brad Hennefer for our 3rd annual New Year’s Eve bowling party! The dark lights will be on, there will be a DJ, decorations, and a real New Year’s Eve party for our over 21 adults with Down syndrome! The “Young Adult” group (ages 16 to 20) are also welcome to attend with parent chaperone.
Place: Playdrome, 1536 North Kings Highway, Cherry Hill, NJ 08034
Time: 5:00 p.m. – 8:00 p.m.
RSVP: Nancy Hennefer at (856) 354-0584 or nhennefer@comcast.net
What to Bring: Bring your ID card (over 21) to all BUDS adult events.

JANUARY

**BUDS KIDS & TWEENERS(2nd Saturday)**

January 9  Welcome 2015 “Bounce U” Party, Cherry Hill, NJ
(2nd Saturday) Join us for a fun time at “Bounce U.”
Place: Bounce U
Time: 1:00 p.m.
RSVP: Ashli Helfrich at ashlifrancis@gmail.com
What to Bring: Shoes must be removed while playing, so be sure to wear socks (preferably with rubber grippers).

**BUDS TEENS & ADULTS (2nd Saturday)**

January 9  “Group Groove” Dance Party at Cherry Hill Health & Racquet Club
(2nd Saturday) If you can move, you can Groove. You’ll stamp, flick, wiggle, jiggle, hip, hop, snap, shimmy, shake, slide, glide, smile and laugh your way through this 60 minute fitness dance program. Experience a fusion of club, urban and Latin dance styles with motivating chart topping hits and retro classic tunes. Supportive, funky, easy going instructors help you “Get A Move On With Group Groove.”
Place: Cherry Hill Health & Racquet Club, 1820 Old Cuthbert Rd., Cherry Hill, NJ 08034
Time: 5:45 p.m. to 7:30 p.m. (Class begins promptly at 6:00 so be there by 5:45)
RSVP: Nancy Hennefer at nhennefer@comcast.net
What to Bring: Must wear sneakers and exercise clothing, and bring a water bottle. Pizza will be provided.
**BUDS ADULTS OVER 21 ONLY**

January 13  
Over 21 Movie Night  
(Wednesday)  
Join your hostesses Laura and Rachel Williams for a movie at Carmike. We will select the movie as we get closer to the date. Before the movie, we will have dinner at Applebees in the Ritz Shopping Center.  
Place: Carmike Ritz Center 16, 900 Haddonfield-Berlin Rd., Voorhees, NJ 08043  
Time: The time will be emailed to everyone who RSVPs.  
RSVP: Maria Williams (856) 768-3441 williamsmcw@verizon.net

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**BUDS TEENS & YOUNG ADULTS (4th Saturday)**

January 23  
Teen & Young Adult Movie Matinee, Cherry Hill, NJ  
(4th Saturday)  
Join your host, Stefan Slowinski for a Saturday afternoon matinee—hopefully one of the blockbuster movies that came out over the holidays.  
Place: AMC Loews Cherry Hill, 2121 Route 38, Cherry Hill, NJ 08002  
Time: TBD – we will let you know the movie and time when you RSVP  
RSVP: Toni Slowinski at (856) 427-4088 or tonislowinski@yahoo.com  
What to Bring: No need to bring anything.

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**FEBRUARY**

**BUDS KIDS & TWEENERS (2nd Saturday)**

February 13  
Valentine’s Party at Jellybean Jungle  
(2nd Saturday)  
Let’s celebrate Valentine’s at Jellybean Jungle!  
Place: Jellybean Jungle  
Time: 1:00 p.m. - 3:00 p.m.  
RSVP: Ashli Helfrich at ashlifrancis@gmail.com  
What to Bring: Shoes must be removed while playing, so be sure to wear socks (preferably with rubber grippers).

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**BUDS TEENS & ADULTS (2nd Saturday)**

February 13  
Valentine’s Dance Party at Cherry Hill Health & Racquet Club, Cherry Hill, NJ  
(2nd Saturday)  
Let’s celebrate Valentine’s Day with a dance!  
Place: Cherry Hill Health & Racquet Club, 1820 Old Cuthbert Rd., Cherry Hill, NJ 08034  
Time: 7:00 p.m. to 9:00 p.m.  
RSVP: Anitra DiOrio at (856) 985-5451 or aenets14@aol.com  
What to Bring: Casual dresses for the ladies and dress slacks for the guys. Please eat dinner before you come.

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**BUDS TEENS & ADULTS**

February  
Winter Dance at Eastern High School, Voorhees, NJ  
(TBD)  
The Eastern High School “Interact Club” has offered to host a dance for us. There will be a DJ, and the high school students have always done a fantastic job of dancing with our attendees and facilitating socialization.  
Place: Eastern High School (cafeteria), 1401 Laurel Oak Road, Voorhees, NJ  
Time: 6:30 p.m. – 8:00 p.m.  
RSVP: Kathleen Schmid at kschmid@eccrsd.us or (856) 784-4441 X 6900  
What to Bring: Casual dresses for the ladies and dress slacks for the guys.
MARCH

BUDS TEENS & YOUNG ADULTS (2nd Saturday)
March 5  Color Me Mine Ceramic Painting, Voorhees, NJ
   (Saturday) Come select the ceramic piece you’d like to paint, create your one-of-a-kind design by selecting whatever colors you like, have fun painting, it will be glazed and fired for you, and then just pick up your finished piece in time to give to your Mom for Mother’s Day.
Place: Color Me Mine, 910 Haddonfield-Berlin Rd., Voorhees, NJ 08043
Time: 5:00 p.m. – 6:30 p.m.
RSVP: Nancy Scully (609) 634-634-2019 or sadhound@comcast.net

BUDS KIDS & TWEENERS
March 19  Egg Hunt & Hayride at Springdale Farm, Cherry Hill, NJ
   (Saturday) BUDS has been hosting an egg hunt event for over 20 years. Come on out for this group favorite, enjoy the hayride and the mad dash to hunt down those eggs. BUDS will pay for your child with Down syndrome and both parents. You may purchase additional tickets for other family members as long as you RSVP to let us know they are attending.
Place: Springdale Farm, 1638 Springdale Rd., Cherry Hill, NJ 08034  www.springdalefarms.com
Time: 11:30 a.m. - 1:30 p.m.
RSVP: Ashli Helfrich at ashlifrancis@gmail.com
What to Bring: Wear comfortable clothing. Bring a basket to collect eggs. Pizza lunch will be provided.

BUDS TWEENERS, TEENS & ADULTS
March 21  World Down Syndrome Day Dance at Cherry Hill Health & Racquet Club
   (Saturday) Let’s celebrate “World Down Syndrome Day” with what many of us like to do best—dance, dance, and more dance! We will have a DJ and dance the night away. Families and siblings are welcome to attend this celebration.
Place: Cherry Hill Health & Racquet Club, 1820 Old Cuthbert Rd., Cherry Hill, NJ 08034
Time: 7:00 p.m. to 9:00 p.m.
RSVP: Toni Slowinski at (856) 427-4088 or tonislowinski@yahoo.com.
What to Bring: Please eat dinner before you come. There will be light refreshments (cheese & crackers, vegetables & dip, fruit, snacks).

APRIL

BUDS TWEENERS, TEENS & ADULTS
April 8  Spring Semi-Formal Dance at Rowan University, Glassboro, NJ
   (Friday) The Rowan University Student Council for Exceptional Children (SCEC) is once again hosting our Spring semi-formal. This is an awesome event with plenty of great photo opportunities. Come enjoy friends, fun and dancing. Parents (ages under 16 must stay).
Place: Enyon Ballroom at Rowan University (on the 3rd floor of the Student Center) 201 Mullica Hill Road, Glassboro, NJ 08028
Time: 7:00 p.m. to 9:30 p.m.
RSVP: Nancy Henefer at nhennefer@comcast.net
Attire: Dresses for the ladies and dress slacks (jackets optional) for the guys

BUDS KIDS
April 9  Pump It Up
   (2nd Saturday) Join us at “Pump it Up”
Place: Pump It Up
Time: TBD
RSVP: Ashli Helfrich at ashlifrancis@gmail.com
What to Bring: Shoes must be removed while playing, so be sure to wear socks (preferably with rubber grippers).
BUDS TEENS & ADULTS

April TBD
Down Syndrome Awareness Night at the Phillies
(TBD) The “Young Adults” and “Over 21” group leaders will be coordinating our participation in Down Syndrome Awareness Night at the Phillies. We will preorder a limited number of tickets for this game. BUDS will pay for you and one adult family member to bring you to the game. The group will sit together with parent chaperones behind them.

Place: Citizens Bank Park, Philadelphia, PA
Time: Game time is 7:05 p.m. Transportation is to be provided by your parent.
RSVP: If you are interested in going, please e:mail Nancy Hennefer at (856) 354-0584 or nhennefer@comcast.net NO LATER THAN FEBRUARY 1. Tickets will be mailed or hand delivered to you in March.

What to Bring: Bring money to purchase your own snacks.

MAY

BUDS KIDS

May 14 PAWS Farm, Mt. Laurel, NJ
(Saturday) Join your BUDS friends at PAWS Farm. There will be a short presentation about the animals, and the children are able to pet the animals and play in the play room. Snacks will be provided.

Place: PAWS Farm, 1105 Hainesport Mt. Laurel Rd., Mt. Laurel, NJ 08054
Time: 1:00 p.m. – 4:00 p.m.
RSVP: Candy Ogline at Victorian_angle2@yahoo.com

What to Bring: Wear comfortable play clothes and sneakers.

BUDS TWEENERS (2nd Saturday)

May 14 Tennis Party at Cherry Hill Health & Racquet Club, Cherry Hill, NJ
(2nd Saturday) Let’s brush up on our tennis skills so you can all practice over the spring and summer. Come join us for a fun-filled tennis party. Taught by CHHRC’s tennis professionals, we will experience the exciting sport of tennis in a fun, semi-instructional environment. We will also play tennis related games.

Place: Cherry Hill Health & Racquet Club, 1820 Old Cuthbert Rd., Cherry Hill, NJ 08034
Time: TBD afternoon
RSVP: Kim Brooks (856) 304-3071 or kimzofinn@gmail.com

What to Bring: Must wear sneakers or you will not be allowed on the tennis court.

BUDS TEENS & ADULTS (2nd Saturday)

May 14 Tennis Party at Cherry Hill Health & Racquet Club
(2nd Saturday) If you can move, you can Groove. You’ll stomp, flick, wiggle, jiggle, hip, hop, snap, shimmy, shake, slide, glide, smile and laugh your way through this 60 minute fitness dance program. Experience a fusion of club, urban and Latin dance styles with motivating chart topping hits and retro classic tunes. Supportive, funky, easy going instructors help you “Get A Move On With Group Groove.”

Place: Cherry Hill Health & Racquet Club, 1820 Old Cuthbert Rd., Cherry Hill, NJ 08034
Time: 5:45 p.m. to 7:30 p.m. (Class begins promptly at 6:00 so be there by 5:45)
RSVP: Nancy Hennefer at nhennefer@comcast.net

What to Bring: Must wear sneakers and exercise clothing, and bring a water bottle. Pizza will be provided after the class.
**BUDS TEENS & ADULTS**

**May 27**  
**Spring Dance at Eastern High School, Voorhees, NJ**  
(Friday)  
The Eastern High School “Interact Club” has invited us to their “Luau Dance” for individuals who have special needs (jointly with Eastern High School students and JCC). There will be a DJ, and the high school students have always done a fantastic job of dancing with our attendees and facilitating socialization.  
Place: Eastern High School (cafeteria), 1401 Laurel Oak Road, Voorhees, NJ  
Time: 7:00 p.m. – 8:30 p.m.  
RSVP: Kate Schmid at interact@eccrsd.us (856) 784-4441 X 6900. Be sure to send in the attached permission slip when you RSVP.  
What to Bring: Feel free to wear your “luau” themed clothing with casual dresses for the ladies and dress slacks for the guys.

**JUNE**

**BUDS YOUNG ADULTS & OVER 21**

**June Tbd**  
**Welcome Summer Fun at Fun Plex, Mount Laurel, NJ**  
(Wednesday)  
Join us for fun at The Fun Plex where we will have full use of laser tag, bumper boats, go karts, miniature golf, amusement rides, bowling, arcade and more. This is our last event before the summer break. The “Young Adult” group (ages 16 to 20) must attend with a parent chaperone.  
Place: The Fun Plex, 3320-24 Route 38, Mount Laurel, NJ  
Time: 6:00 p.m. – 9:00 p.m.  
RSVP: Nancy Hennefer (856) 354-0584 nhennefer@comcast.net  
What to Bring: Wear comfortable clothing and sneakers. We will be eating dinner promptly at 6:00 (choice of pizza or hot dogs). We need 5 chaperones, so please volunteer to stay if you can.

**FAMILY**

**June 12**  
**9th Annual BUDS / KIIDS Picnic**  
(Sunday)  
We invite you to join us for the 9th annual family picnic with the “KIIDS” group. It’s an afternoon with food, crafts, and lots of fun for the family. All ages and entire families are welcome!  
Place: James Atchinson Park (formerly Bethel Mill Park) in Sewell, NJ  
Time: 11:00 a.m. to 2:00 p.m.  
RSVP: Maria Covello at nickcov@snip.net  
What to Bring: Wear comfortable clothing.

**FAMILY**

**July 21-24**  
**National Down Syndrome Congress (NDSC) 44th Annual Convention (Orlando, FL) 2016**

Consider planning your summer vacation to attend the NDSC convention. It rotates through the U.S. at various North, South, East and West locations. There is a general convention for parents as well as a “Kids Camp,” “Brothers & Sisters Conference” and “Youth & Adults with DS Conference.”  
Place: J. W. Marriott, Orlando, FL  
Registration: Online registration is available at www.nsdcenter.org Register early if you plan to attend the “Youth & Adults with DS Conference” since it fills up to capacity early.  
Reimbursement: BUDS will reimburse your immediate family (parents/guardians) on behalf of your family member who has Down syndrome **for up to $500 of costs paid directly through the NDSC website**. This can include any combination of individual or family registration fees, teen & young adult conference fee, sibling conference fee, kid’s camp, etc. but cannot exceed $500. We do not cover travel costs—only the costs paid directly to the NDSC through the registration process. Email a copy of your online registration receipt to Nancy Hennefer to request reimbursement at nhennefer@comcast.net